

Reflections On Anita Moorjani's Book "Dying To Be Me" (2012): Broader Implications For Quantum-holographic Holistics

Dejan Raković^{1,2,3}

¹ Faculty of Electrical Engineering, University of Belgrade (Serbia), retired

² Life activities advancement Institute (LAI), Belgrade (Serbia)

³ Whole-Self Discovery & Development Institute, Inc. International, Co-Director for Serbia

rakovicd@etf.bg.ac.rs

www.dejanrakovic.com ; www.dejanrakovicfund.org

Abstract. *The paper first discussed the incredible personal experiences of Anita Moorjani, in a state of clinical death. All of this is then put into the broader theoretical context of our extended quantum-holographic theoretical framework of consciousness and psychosomatics, with numerous psychosomatic, spiritual-epistemological and social implications. It indicates the full importance of holistic education and behavior, demonstrating the necessity of reorientation towards holistic subtle actions for global solutions of the world risk society.*

Keywords: *Anita Moorjani's book "Dying To Be Me", clinical death, afterlife, quantum-holographic holistics, consciousness, psychosomatics, spirituality, epistemology, society.*

1. INTRODUCTION

From whatever angle one looks at the contents of the Anita Moorjani's book "Dying To Be Me" [1], it appears to be very interesting and praiseworthy. On the other hand, it also seems authentic not only because the author seems to be telling the story completely honestly, but also because a large health institution and its staff are involved in everything, so the whole case is documented from medical side. Therefore, it is certain that the woman experienced clinical death due to cancer in the terminal phase, but after regaining consciousness she recovered incredibly quickly & contrary to all experiences of conventional medicine.

It is also encouraging that, although the case is completely outside of medical experience, in a city with a conglomerate of cultures such as Hong Kong, the experience presented in the book has found its place, so that the author and main character of the book works as a lecturer and advisor in important institutions such as the Medical Faculty in Hong Kong.

If we look back at the spiritual-religious history, then such cases are not entirely rare, and as a rule they are associated with spiritually enlightened people who were the initiators or channels through which the healings took place. However, for today's man, the described experience has a special significance because it comes through an ordinary person, so it seems more attainable through a change in way of living & outlook on life, and in this respect implications can be far-reaching.

For me, it is of particular importance to observe the author's experience through the prism of our quantum-holographic framework of psychosomatics & spirituality [2]. By the way, I have been popularizing holistics for a long time on several levels, from video recordings of interviews and lectures to Ppt presentations. It is all on my website (<http://www.dejanrakovicfund.org>), in Serbian & English version, in Video gallery & Public appearances, including Recommended titles & Recommended books. It just takes time to open & watch or read everything.

Broader Holistic Implications for Quantum-Holographic Psychosomatics

*Reading & reviewing of the Anita Moorjani's book also brought me great personal satisfaction, due to my own theoretical research into quantum-holographic quantum-gravitational (QHQG) foundations of consciousness & psychosomatics, and their broader holistic implications [2] – which demonstrate the necessity of redefining global educational / informational / political goals, with a reorientation towards **holistic subtle actions for global solutions to the global risk society**.*

Anita Moorjani's experience is especially important due to the ever-widening application of integrative medicine in developed countries [3] – since contemporary research into psychosomatic diseases indicates the necessity of applying holistic methods, oriented towards treating a person as a whole & not treating diseases exclusively as symptoms of disorders of that whole, implying their macroscopic-quantum origin.

All those holistic approaches & techniques (based on acupuncture system & consciousness), according to our extended QHQG research, can be treated as quantum-information therapies, by imposing new healing boundary conditions in the energy-state space of the electromagnetic quantum field of the acupuncture system / (individual & collective) consciousness, which are then quantum-holographically projected to cellular level with the normalization of the expression of the genome [4].

This allows for a better understanding of the nature of psychosomatic diseases, as well as the limitations & methods of their prevention & healing from a fundamental quantum-informational point of view, which can contribute to the development of a better strategy for the development of psychosomatic integrative medicine for the 21st century.

Along these lines, the Anita Moorjani's testimony makes a great contribution to understanding that even the most serious psychosomatic diseases, such as cancer, have their roots in energy-information blockages (caused by stressors, such as fear, frustration, anger, hatred...) and that healing begins with their removal (first of all self-love, self-acceptance & self-forgiveness, which is then manifested in love for others & acceptance of others ...)

Our extended QHQG research also points to two cognitive modes of consciousness [5], according to strength of the consciousness-body-environment coupling: weakly-coupled quantum-coherent direct one (in out-of-body spiritually / creative transitional & altered states of consciousness, such as prayer, meditation, daydreaming, lucid dreams...), and strongly-coupled classically reduced indirect one (in bodily perceptually / rationally mediated normal states of consciousness, such as sensory perception, logical and scientific reasoning...) – with the conditions of mutual transformation. This also explains the fundamentally inadequate informational rationalization of direct quantum-holographic spiritual / religious mystical experience (as a problem of quantum theory of measurement, about the reduction of the implicate order of quantum-coherent (quantum-holographic) superpositions into the explicate order of classically reduced states).

Thus, science closes the circle, re-discovering two different modes of cognition & at the same time setting its own epistemological limitations [6] – as described two and a half millennia ago by Patanjali in the Yoga Sutras [7], emphasizing that the mystical experience (samadhi) is 'filled with truth' and that it is 'beyond conclusions & scriptures', so that at the beginning of the last century, Berdyaev in his Philosophy of Freedom [8] would distinguish faith & knowledge as a difference between two ways of knowing, the prayer-mediated 'manifestation of invisible things' & the rationally-mediated 'manifestation of visible things'.

In this line, the Anita Moorjani's testimony about the near-death experience is associated with a quantum-holographic change of perception, with a feeling of omni-connection & omni-presence, all-pervading consciousness in everything, the absence of a linear flow of time with parallel experiences of the past, present & future (along with her association about controversy of the post-mortem evolution of the soul, which probably refers to the partial-interpretive epistemological level of rationalizing the transpersonal transfer of psychic burdens through the field of consciousness, with possible impressions that particularly strong transmitted conflicts leave a strong impression of previously lived lives...).

The mentioned extended QHQG research of psychosomatics & spirituality is also in line with the reawakened scientific interest in researching the phenomenon of consciousness in recent decades (with hints of the emergence of a great synthesis of two modes of cognition, rational-scientific & creative-spiritual, within the framework of the extended QHQG paradigm) – where the role of the individual becomes irreplaceable due to the influence & concern for the collective mental environment, which is certainly a fundamental issue of mental hygiene & civil decency, i.e. spiritual & civil morality [9].

On Holistic Quantum-Holographic Spiritual-Epistemological Implications

Our extended *QHQG psychosomatic framework* implies that *quantum-holographic hierarchical parts carry information about the whole* (which is associated with the Hindu relationship *Brahman / Atman*, as a whole & a part containing information about the whole), enabling a subtle *quantum-information coupling of hierarchical levels* in Nature, as indicated by the *acupuncture system & its projection zones* (ECIWO holographic concept [10]) and the *discovery of quantum-holographic influence on the expression of the cellular genome* (by speech-modulation illuminating-laser-signal [11]), as well as the *transpersonal origin of miraculous creativity* (Tesla & Mozart as 'case studies' [12,13]) and *predestined life paths & temptations* (suggested by contemporary experiences from hypnoregression [14] & experiences of tribal traditions & traditions of the East and West [15]), with the emphasis that it is *still possible to reprogram / optimize them through spiritual cleansing* [4]).

In this context, *Tesla's visions & inventions, realized in his controlled altered states of consciousness, are proposed as manifestations of his meditative insights through macro-quantum correlations of individual & collective consciousness, with significant creative-educational & psychosomatic-spiritual implications* [12].

On the one hand, *they can provide guidance for a deeper understanding of our extended QHQG theoretical framework of holistic control of creativity & education – based on a mentally focused transpersonal augmentation of the macro-quantum correlations of individual & collective consciousness (in the state described in Patanjali's Yoga Sutras as Ritam Bhara Pragma, 'when the mind perceives things as they are' [16]).*

On the other hand, *they can provide guidelines for a deeper understanding of our extended QHQG theoretical framework of holistic control of psychosomatics & spirituality – based on mentally controlled systematic transpersonal reduction of macro-quantum correlations of individual & collective consciousness (when at the end of the process of unbinding only a mentally-embedded address to the founder of the corresponding mystical tradition remains) [12].*

Thus, *consensuses on transpersonal esoteric concepts in various spiritual traditions demonstrate that the information gained in their transpersonal experiences can lead to non-distorted extrasensory perceptions of their mentally-addressed out-of-body environments of collective consciousness (in a Tesla-like creative way). On the contrary, in the mystical states of consciousness of the corresponding tradition, the collapse of the implicate order of quantum-entangled states of individual & collective consciousness leads to distorted perceptions in the mapped specific explicate order of classically reduced states of individual & collective consciousness.*

Then, the effort of mystics of all traditions to first purify consciousness / soul *through spiritual practice* (prayer, meditation) & thus reach their *final eschatological goal* (Kingdom of God, nirvana), i.e. *post-mortem salvation* of (sinless, unbound) souls by reaching *re-union* (re-ligare / yoga) *with the spiritual source* [5,17] – are *understandable*. On the other hand, due to mentally burdensome content in the *post-mortem spiritual evolution of the soul* of the dying (let us mention the transpersonal lower levels of collective consciousness of the '*Bardo plane*' in the Tibetan tradition [18] & '*The Soul after Death*' in Christian tradition [19], to which we are bound *post-mortem* by unresolved burdens), this implies the *importance of prayer for the souls of the deceased & trans-generational preferences for individual and / or collective future of posterity* (with retroactive trans-generational unraveling of mental / emotional conflicts, as suggested by macro-quantum-informational retroactive-non-local-manifestations of prayer experiments [4]).

Broader Social Implications

I have built my holistic point of view through many years of research & a kind of syncretism that tries to understand & integrate different seemingly opposing views, especially about the fate of soul before & after death, about the nature of Good / Evil in the context of the degree of non / networking of collective consciousness, through theoretical considerations of modern hypnoregression experiences [14] & dogmatic speculations of various religious teachings & esoteric practices [7].

In this context, it seems that all of us during the life are QHQG networked with lower levels of collective consciousness, from which we can & must spiritually disconnect. This seems to be a holistic task for us in the function of clearing the existing burdens of the collective consciousness [4]. The magnificent task of every soul, with God's help, prayers, which are at our disposal as a powerful spiritual tool for untying. The corona pandemic is also a spiritual temptation, as a trans-generational test for this generation to remind us of the need to return to spirituality.

That is why every individual must cultivate both modes of cognition (sensory-rational & creative-spiritual), because if he does not do that, he will not even complete the basic spiritual task, without a chance for complete untying & salvation of soul, i.e. reaching the state of Theosis. Through prayers with trans-generational repentance & forgiveness, this is possible for everyone, and that is the shortcut to the Divine primordial source. Other paths are longer & more uncertain, so the soul may not be completely relieved until the moment of death, and may end up at lower levels of collective consciousness [18,19].

Hence it also follows that as a Civilization we historically live QHQG predestined programs (so in the midst of the covid 19 crisis someone googled that pandemics occur every 100 years back from the Middle Ages), and that is why our portion of collective consciousness is our target for spiritual cleansing. It looks like we cannot do more, but we must not do less either. Which is also a multi-millennium subject of speculation of religious teachings, or teleological philosophical considerations. And it belongs to eternal themes and questions of cosmogony of various traditions [15].

As I see it from a broader holistic angle, the path to final victory of Good is global return of spirituality – by redefining global political, informational & educational goals of Civilization. Because if Evil (as a manifestation of QHQG burden of the collective consciousness & personified in the form of the Sly) is defeated by force, it is only externally transformed & continues to exist in a different historical form (let us only remember the previous historical epochs). That is why the collective consciousness of Civilization should be relieved, with thorough trans-generational repentance & forgiveness, to itself & to everyone else (with trans-generational erasure of all burdens / sins not only forward but also backwards in time) [4]. [Let us note that quantum entanglement experiments with time-reversed EPR also demonstrate that the quantum history observed may be retroactively affected by observations carried out much later [20], with possibility of radical avoiding any reference to objective reality altogether, as in the Copenhagen Interpretation.]

This is the only way to change the existing QHQG globalist program of the collective consciousness of Civilization (whose character is not even aware of the mere performers of its works, thinking that they work for the welfare of people), in which Good & Evil, truth & lies are inverted. What a program such actuators are, to express myself in the terms of automation & robotics (let us also remember Tesla [21], who said that we are biological automatons, which is not so far from the truth; while in psychology there is so-called Transactional Analysis [22], to explain similar patterns of behavior in similar situations).

In the same context, we should also mention the *multi-millennium controversy about the post-mortem evolution of the soul*, which probably refers to the *interpretive epistemological level* of rationalizing the transpersonal transfer of mentally-addressed burdens within the existing generation & further trans-generationally to the next through the network of collective consciousness, with possible impressions that particularly strong conflicts are transmitted as 'ego-states' that leave a strong impression of previously lived lives. Based on our QHQG theoretical considerations of *modern hypnoregression experiences* [14], it could be *interpreted* that with its embodiment, the *human spirit takes on tasks* at the level of collective consciousness, *to relieve what spiritually connected predecessors did not during their lifetime* [17]. And that should be constantly kept in mind, *this is possible only through spiritual detachment. Everything else binds us and is a demonic deception of the Sly. But what is the ontological spiritual reality – could remain a permanent controversy of all fundamentally limited attempts at human rationalization.*

These multidisciplinary considerations indicate that research at the intersection of *integrative medicine & transpersonal psychology* (and related long-open problems of the acupuncture system & consciousness, including vital energy & transpersonal phenomena) & *quantum informatics* (and related open problems of quantum physics & general relativity) can become fruitful in *expanding the boundaries of the existing scientific paradigm* [23].

Conclusions

*The paper provides extended quantum-holographic quantum-gravitational (QHQG) reflections on incredible personal experiences of Anita Moorjani in a state of clinical death, with significant holistic implications, indicating **full importance of holistic education & behavior**, with necessity of **redefining** global educational / informational / political goals, reoriented towards **holistic subtle actions for global solutions of the world risk society**.*

It should be finally pointed out that *non-applying of transpersonal spiritual practices & circular (psycho / energy) therapies from all relevant meta-positions* (all persons involved in a problem!), may result in the *further transmission of memory attractors* at the level of individual & collective consciousness in this & the next generations, only *accumulating extended QHQG non-local loads* that then cause not only diseases, but also interpersonal conflicts, wars & other sufferings.

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Prof. Dr. Dejan Raković CV

www.dejanrakovic.com

Professor Dejan Raković graduated *Engineering Physics* at the *Faculty of Electrical Engineering* in Belgrade as in 1974, and completed his *M.Sc. thesis* in 1977 in the field of *quantum theory of atomic many-electron correlations* (under supervision of *Prof. Djordje Živanović* and *Prof. Vojislav Radojević*), and his *Ph.D. thesis* in 1982 in the field of *theoretical vibrational spectroscopy of conducting polymers* (under supervision of *Prof. Ivan Božović*), at the *Physics Division* of the *Faculty of Science in Belgrade*. During 1980/81 he completed *postgraduate specialization* in the group of Academician L.A. Gribov in Moscow, renown authority in *theoretical spectroscopy & quantum chemistry of molecules, polymers & crystals*.

Professor Raković has a *wide scientific interest*, broadly related to *materials science & biophysics*, covering the fields of *nanomaterials & biomaterials, nanotechnology & spectroscopy, bioinformatics of biomolecular, epigenetic, psychosomatic, cognitive & electrophysiological functions*. During his career he has been *supervisor* in 15 Ph.D. theses and has *published* nearly 300 papers & communications and over 40 books & proceedings, *cited* nearly 2000 times in scientific periodicals & monographs in Google Scholar. He has been also *referee* in over 20 scientific journals.

He got his first position at the *Faculty of Electrical Engineering* in Belgrade in 1977 and became full professor in 1997, where he has taught *numerous courses* until his *retirement* in 2016 (in *Materials Science, Biophysics, Biomaterials, Quantum Information*, and doctoral group of courses in *Nanomedicine*). He was *heading* *Department of Materials Science* in several election periods, undergraduate *Module of Physical Electronics* from 2012 to 2015, postgraduate *Materials Science Curriculum* from 1987 to 2005, and undergraduate *Biomedical & Ecological Engineering Curriculum* from 1996 to 2016.

Since 1995 professor Rakovic is being **co-founder & vice-president elect** of **Yugoslav Materials Research Society** (which has organized numerous annual international YUCOMAT conferences and published 10 Proceedings, and handbook *Biomaterials* (2010, in Serbian)). During the period 1995-1998 he **headed Brain & Consciousness**, regional project of **European Center for Peace and Development (ECPD)** of the United Nations University for Peace in Belgrade (and co-edited several books: *Consciousness: Scientific Challenge of the 21st Century* (1995); *Proc. ECPD Symposium & Workshop Brain & Consciousness* (1997); *Proc. Consciousness - Religion – Society* (1997, in Serbian)), while from 2009 he **headed ECPD International School of Quantum-Informational Medicine** (with (co-)authored textbook *Introduction to Quantum-Informational Medicine, With Basics of Quantum-Holographic Psychosomatics, Acupuncturology and Reflexotherapy* (2009, in Serbian)). In 1999 he **co-founded International Anti-Stress Center (IASC)** in Belgrade, becoming **president elect** of the IASC Governing Board, with wide educational holistic anti-stress activities (with (co-)authored *Anti-Stress Holistic Handbook, with Fundamentals of Acupuncture, Microwave Resonance Therapy, Relaxation Massage, Airoionotherapy, Autogenic Training, & Consciousness* (1999, in Serbian); *Proc. Science-Religion-Society* (2002, in Serbian); *Proc. Religion & Epistemology* (2005, in Serbian); textbook *Fundamentals of Biophysics* (3rd ed. 2008, in Serbian); scientific-popular book *Recollections, Dreams, Thoughts: About Past and Future 1984-2007. On Crossway of Quantum-Holographic & Classically-Reduced Reality* (2008, in Serbian); and monograph *Integrative Biophysics, Quantum Medicine & Quantum-Holographic Informatics: Psychosomatic-Cognitive Implications* (2009)). In 2009 he also **founded his Fund (DRF) for Holistic Research & Ecology of Consciousness**, with wider promotive holistic activities (including *Proc. Symp. & Round Table Quantum-Informational Medicine: Acupuncture-Based & Consciousness-Based Holistic Approaches & Techniques* (2011); *Proc. 1st Int. Congress on Psychological Trauma: Prenatal, Perinatal & Postnatal Aspects* (2015); and book *Prenatal Psychology 100 Years: A Journey in Decoding How Our Prenatal Experience Shapes Who We Become!* (2018), becoming **Whole-Self co-director** for Serbia).

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