

On Holistic Psychosomatic Nature Of Bioenergycorrection

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ABSTRACT

Bioenergycorrection as an ancient way of correcting *vital energy* flow is well known in many multi-millennial traditions, having withstood the test of time to this day, with some modern modifications. On the wave of the expansion of integrative medicine since the mid-1990s in China, the US and Europe, some *bioenergycorrection techniques* have been subjected to *scientific research* and have been included in the *curricula* of medical schools therein. We emphasize that numerous *transpersonal phenomena* associated with *consciousness* and *psychosomatic bioenergycorrection* are phenomenologically well documented, and that their physical explanation should be sought at the very border of the existing *scientific paradigm*. Within our *quantum-holographic / quantum-gravitational (QHQG) theoretical framework of the acupuncture system, consciousness, and vital energy*, they are of a deeper *quantum-gravitational origin*, with *exotic aspects of spatio-temporal tunnels and vital energy extended to acupuncture channels (of exotic vacuum-like refractive index!)* with *transpersonal quantum-entangling inflow of vital energy*. It should also be noted that the *healing effects* on the patient's acupuncture system / consciousness are *often blocked* by quantum-holographically encoded *spiritual personal consent* to the disease as a form of (self) punishment (as evidenced by the subjects' experiences in *post-hypnotic regressions*), when *prayers and self-love* for oneself and others are necessary with the aim of ending (self) punishment - thus performing *spiritual integration of the personality*, i.e. *dis-entanglement of transpersonal energy blockages*, which *triggers the process of permanent healing*. Such *spiritual indeterministic interventions* by introducing new vacuum excitations of vital energy in the otherwise deterministic quantum-holographic evolution of collective consciousness (similar to the spiritually-excited and mentally-channeled Ayurvedic, Qigong, Reiki and modern experiences of local and transpersonal healing, thus non-Schrodinger imposing necessary essentially new boundary conditions!) - can permanently remove as a net effect *the whole mutual conflict* between two people, which is also *the greatest*

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source of freedom in optimizing life programs through spiritual cleansing. This significantly contributes to our understanding that *even the most severe psychosomatic disorders have their roots in energy-informational blockages*, and that *healing begins by removing them* - first by loving oneself, accepting oneself and forgiving oneself, which is then manifested by loving others and accepting others (e.g. spiritually dis-entangling / unleashing repentant-forgiving prayer)!

Key words: Bioenergycorrection, Integrative Medicine, Transpersonal Psychology, Vital Energy, Healing

1. Introduction

Bioenergycorrection as an ancient way of correcting *vital energy* flow is well known in many multi-millennial traditions, having withstood the test of time to this day, with some modern modifications (Raković et al 2011). On the wave of the expansion of *integrative medicine* since the mid-1990s in China, the US and Europe, some *bioenergycorrection techniques* have been subjected to *scientific research* and have been included in the *curricula* of medical schools therein. So, although the vital force theory was discarded in organic chemistry of 19th century, nowadays it seems to return modified into science via *integrative medicine* (<https://www.imconsortium.org>) and *transpersonal psychology* (<http://www.atpweb.org>).

In the context of our *quantum-holographic / quantum-gravitational (QHGG) theoretical framework of the acupuncture system, consciousness, and vital energy* (Raković 2009, 2015, 2018a), their *biophysical energy-informational nature* was considered from the three aspects: (i) *Quantum-informational electromagnetic aspect* of the acupuncture system is suggested by *quantum-coherent characteristics* of the *microwave resonance therapy* and the discovery that any quantum system has formal mathematical structure of the *Hopfield-like quantum-holographic associative neural network*, while close relationship of the *acupuncture system and consciousness* is suggested by their *macroscopic quantum nature* and very effective *meridian (psycho / energy) therapies*; (ii) *Quasi-classical ionic aspect* of the acupuncture system is suggested by research of the non-threshold "*gap junction*" *electrical synapses*, which have shown an order of magnitude increased their concentration at the acupuncture points, that is consistent with a much lower electrical resistance of the acupuncture points compared to the surrounding tissue, as well as a significantly higher absorption of ions in these points; (iii) *Transpersonal exotic aspect* of the energy-information communications is suggested by *established and stabilized energy-information channels of vital energy (qi, ki, prana...)* known in all traditions and widely used in *transpersonal energy therapies (Qigong, Reiki, Pranic healing...)*,

pointing to a deeper exotic space-time nature of these energy-information channels (i.e. connection with exotic quantum vacuum fluctuations, necessary for anti-gravitational stabilization of the space-time channels).

Consequently, our *QHQG theoretical framework* might have significant holistic implications, providing better understanding of the *nature of psychosomatic diseases* and their *prevention and healing*, which might help in *developing strategies for integrative medicine and transpersonal psychology*. Within this framework, it appears that all holistic acupuncture-based and consciousness-based approaches and techniques can be treated as *quantum-informational therapies*, by *imposing new healing boundary conditions* in the energy-state space of the *acupuncture system / (individual and collective) consciousness*, on the *three front lines of integrative psychosomatic medicine*: (i) *Spirituality and circular (psycho / energy) therapies from all relevant meta-positions*, with possibility of permanent erasing of mutual memory attractors on the *level of collective consciousness*; (ii) *(Quantum) holistic medicine and non-circular (psycho / energy) therapies*, whose efforts temporary erase memory attractors on the *level of the acupuncture system / individual consciousness*, and prevent or alleviate their somatization, as a consequence of the indolence on the first level; and (iii) *Conventional symptomatic medicine*, whose activities on the *somatic level* via immunology, pharmacology, biomedical diagnostics and surgery hinder or soothe somatized consequences of the carelessness on the first two levels.

2. On Our QHQG Theoretical Framework Of Transpersonal Phenomena

Consequently, in the context of our *QHQG theoretical framework* (Raković 2009, 2015, 2018a,b), biophysical origin of *vital energy (chi / qi / ki, prana / akasha, mana, ka, pneuma / eter / natura medica / anima mundi / vital force, yesod, baraka, unreated light, Holy Spirit, Heilstrom, Innate Intelligence, bioenergy / biofield)* should be sought within *EM-ionic-exotic macro-quantum nature of the acupuncture system / consciousness*. Besides, esoteric notions like *astral body (manomaya, lingasarira, manovijnana, ka, psyche, nephesh, nafs, subtle body, psychic body, soul...)* and *mental body (vijnanamaya, suksmasarira, manas, ba, thymos, ruach, ruh, noetic body, spiritual body, spirit...)* might be biophysically related to *out-of-body displaced part (connented with the body by the miniature 'wormhole' spatio-temporal tunnel / 'silver chord' of vital energy of the astral-mental body, as indicated by extrasensory near-death experiences)* of the *ionic acupuncture system*, and within it embedded *quantum EM component* of the ionic currents, respectively. On these lines, the *ionic condensations* of the structured acupuncture system, *with embedded quantum EM component* of the ionic currents, behave like *distributed centers of consciousness* - which might be biophysical

nature of *chakras* (where *vital energy* in normal state *circulates* clockwise, and slows down in the case of psychosomatic disorders, with possibility of even counterclockwise circulation in the case of most difficult diseases). In wider context of *collective consciousness and vital energy* (in line with their wider traditional relationship with all-pervading cosmic quintessence), the mentioned above relationship with the *EM field* can be generalized to relationship with the *unified field*, and its different micro-quantum and macro-quantum (non-biological and biological, non-structured and structured, and virtual and real) excitations.

Additionally, if put in the context of the *holographic principle* (Susskind and Lindesay 2005), according to which each (three-dimensional) physical system is *isomorphic* to holographic information imprinted on its (two-dimensional) surface, then *quantum-holographic information about each body* could be imprinted in the corresponding *surface layer of the astral-mental body of vital energy (aura)*, as claimed in different traditions.

We emphasize that numerous *transpersonal phenomena* associated with *consciousness* and *psychosomatic bioenergycorrection* are phenomenologically well documented, and that their *physical explanation* should be sought at the very border of the existing *scientific paradigm* (Raković 2009, 2015, 2018a,b, 2019a,b).

Within our *QHQG theoretical framework*, they are of a deeper *quantum-gravitational origin* (according to Einstein's *Principle of equivalence* of inertial and gravitational accelerations!) *in transitional states of consciousness* (from high-dielectric body to low-dielectric out-of-body states!), based on locally generated wormhole tunnels, quantum-gravitationally stabilized by exotic matter (quantum vacuum fluctuations in strongly curved space-time of wormhole tunnels) with *anti-gravitational* effects - really observed in *transpersonal psycho-kinetic manifestations* of vital energy), with *exotic aspects of spatio-temporal tunnels and vital energy extended to acupuncture channels (of exotic vacuum-like refractive index!)* with *transpersonal quantum-entangling inflow of vital energy* (Raković 2009, 2015, 2018a,b, 2019a,b).

For some additional details see Appendix with Notes added in proof to our QHQG theoretical framework of transpersonal phenomena.

3. Discussion On Transpersonal Healing Reprograming

It should also be noted that the *healing effects* on the patient's acupuncture system / consciousness are *often blocked* by quantum-holographically encoded *spiritual personal consent* to the disease as a form of (self) punishment (as evidenced by the subjects' experiences in *post-hypnotic regressions*), when *prayers and self-love* for oneself and others are necessary with the aim of

ending (self) punishment - thus performing *spiritual integration of the personality*, i.e. *disentanglement of transpersonal energy blockages*, which *triggers the process of permanent healing* (Raković 2009, 2015, 2018a,b, 2019a,b).

Such *spiritual indeterministic interventions* by introducing new vacuum excitations of vital energy in the otherwise deterministic quantum-holographic evolution of collective consciousness (similar to the spiritually-excited and mentally-channeled Ayurvedic, Qigong, Reiki and modern experiences of local and transpersonal healing, thus non-Schrodinger imposing necessary essentially new boundary conditions!) - can permanently remove as a net effect *the whole mutual conflict* between two people, which is also *the greatest source of freedom* in optimizing life programs through spiritual cleansing (Raković 2009, 2015, 2018a,b, 2019a,b).

In particular, let us mention Hawaiian *ho'oponopono* tradition with *remarkable reprogramming of the life situations by contextual repenting and forgiving ourselves*; or South American *ayahuaska* and Nigerian *Abiku* traditions with *fascinating spiritual diagnoses and extensions of the predestined-short-life programs*; or *fascinating world bestseller of Anita Moorjani on spiritual changing her life program* with return from clinical death and after a few weeks *spontaneous healing of terminal phase of cancer*; or contemporary spiritual teaching of *Bruno Groening* with *incredible healing channel* remained open after his death, *in optimizing both individual and collective life programs*; or traditional *Christian (hesychastic) Mysticism* with *miraculous healing and optimizing life programs* (Raković 2018a,b, 2019a,b)!

This significantly contributes to our understanding that *even the most severe psychosomatic disorders have their roots in energy-informational blockages*, and that *healing begins by removing them* - first by loving oneself, accepting oneself and forgiving oneself, which is then manifested by loving others and accepting others (e.g. spiritually dis-entangling / unleashing repentant-forgiving prayer)!

4. Conclusion

Our QHQG theoretical framework of consciousness and psychosomatics, in line with increased scientific interest for consciousness in past decades, *anticipates great synthesis of two modes of knowledge*, rational-scientific (classically-reduced, in normal states of consciousness) and creative-religious (quantum-entangled, in transitional and altered states of consciousness).

Thus role of every individual might become irreplaceable due to influence and care for collective mental environment, *leaving most space for free will*. This would point to full significance of holistic education and behaviour - demonstrating necessity for redefining global educational /

informational / political goals, *with reorientation towards holistic gentle actions for solutions of global risk society.*

Decisive role in this process could be played by *all religious communities and transpersonal spiritual practices*, cultivating true spiritual moral and absolute inter-personal, inter-ethnic and inter-religious tolerance, as measure of individual behaviour from perspective of death, i.e. amount of generated and non-reprogrammed psychosomatic conflicts until death - which determine spiritual evolution of the soul of the deceased as well as preferences of the individual and / or collective future of posterity, that can be significantly altered only via collective prayer for one's neighbors and enemies, and thus *global reprogramming of collective consciousness.*

5. Appendix: Notes Added in Proof to Our QHQG Theoretical Framework Of Transpersonal Phenomena

5.1. Note On Deeper QHQG Nature Of Quantum-Mechanical Wave Function Collapse

Our QHQG theoretical framework suggests physical basis for ad hoc *von Neumann projection postulate* on a micro-quantum scale too, to explain deeper nature of quantum-mechanical *collapse of wave function* (via local quantum-gravity-induced 'wormhole' tunnels in the equivalent-strong-gravity (according to Einstein's *Principle of equivalence!*) high-non-inertial-quantum-like situations (Raković 2009, 2019a))!

Asked how it is possible that such highly non-inertial microparticle processes with inevitable opening of miniature 'wormhole' tunnels were not considered within quantum mechanics, which is nevertheless extremely accurate theory(?) - they appear to be(!) implicitly within the von Neumann's projection postulate (at deeper quantum-gravity level!).

5.2. Note On Tesla's Case Study Of QHQG Creative & Spiritual Correlations Techniques

It should be noted that *Tesla's visions and inventions*, realized in his controlled altered states of consciousness, have been suggested as manifestations of his meditative insights through *macro-quantum correlations of individual and collective consciousness*, with significant creative-educational and psychosomatic-spiritual implications (Raković 2009, 2018b, 2019b).

On the one hand, they can provide guidance for a deeper understanding of our *QHQG theoretical framework for holistic control of creativity and education* - based on mentally focused transpersonal increasing of macro-quantum correlations of individual and collective consciousness (as described in Patanjali Yoga

Sutras as *Ritam Bhara Pragma*, 'when mind perceives things as they are').

On the other hand, they can provide guidance for deeper understanding of our *QHQG theoretical framework for holistic control of psychosomatic and spirituality* - based on mentally controlled systemic transpersonal decreasing of macro-quantum correlations of individual and collective consciousness (when only mentally embedded address on *founder of corresponding mystical traditions* remains at the end of process of dis-attachment).

In the same context, *consensuses on transpersonal esoteric concepts* in different spiritual traditions, demonstrate that information obtained in their transpersonal experiences can lead to *non-distorted extrasensory perceptions* of their mentally-addressed out-of-body environments of collective consciousness (in a *Tesla-like creative way*) - in contrast to *mystical states of consciousness (distorted by the collapse of the implicit order of the quantum-entangled states of individual and collective consciousness into a mapped specific explicit order of the classically-reduced states of individual and collective consciousness, in the corresponding mystical tradition)*.

So, *several-millennia controversy about post mortem evolution of the soul* is probably related to an *interpretative epistemological level* of transpersonal transfer of mentally-addressed loads within the existing generation and further generations via network of collective consciousness, with possibility that particular strong conflicts transferred as "ego-states" leave a strong impression of previously lived lives; but what is the *ontological spiritual reality* - could remain *permanent controversy* of all these principally limited attempts of *human rationalization*.

But in spite of this ambiguity, the efforts of mystics of all traditions to *purify consciousness / soul via spiritual practice* (prayer, meditation...) and thus to reach their *final eschatological goal* (Kingdom of God, nirvana...), i.e. *post-mortem salvation of the soul* (non-bounded sin-free / karmic-free), by *re-union (re-ligare / yoga)* with the *supreme God* - might appear reasonable!

5.3. Note On QHQG Nature Of Radiesthesia As Transpersonal Radiation Detection Technique

Let us also mention *radiesthesia*, as well-known method of *transpersonal detection of geopathogenic and technical radiation* (Janjić 2005, Raković 2009).

It is argued that *radiesthesia* may be *local*, probably via EM induction within EM-ionic-exotic circulatory acupuncture system, thereby modulating non-threshold acupuncture currents with extremely weak external EM fields too, as well as *nonlocal*, probably via intentional QHQG tunneling of operator's individual consciousness mentally addressed to part of collective consciousness of 'target' of radiesthetic detection in operator's transitional states of consciousness. In this later context we mention nonlocal radiesthetic detections of so called 'abstract radiations', like natural geometric 'forms' as well as human 'artifacts' and

'symbols' that might be related to them-mediating operator's interactions with corresponding 'archetypes' at level of collective consciousness.

There are also interesting possible mechanisms of the 'radiesthetic protection' of the so-called 'radiation neutralizers', which appear to work - not by Faraday shielding of harmful EM fields but by preventive *harmonizing action* on human acupuncture system exposed to harmful EM fields (such as 'homeopathic remedies', or 'mentally encoded' neutralizers made of crystalline / non-crystalline materials, as indicated by pilot-research with bioelectrographic GDV camera of control and experimental groups exposed to EM field of mobile phones without and with radiation neutralizers).

5.4. Note On Talbot's Book "The Holographic Universe" With Well-Documented ASCs Phenomena

We also recommend the book *The Holographic Universe* (Talbot 1991), with numerous *well-documented mysterious phenomena in altered states of consciousness* (ASCs).

In this book, published in 1991 just before author's premature death, Michael Talbot is relying on research of two famous scientists, quantum physicist David Bohm and neurophysiologist Karl Pribram, who point out that Universe might be giant hologram, sort of mind construct on subject / object boundary - relativizing question whether objective reality exists or fluctuates constantly between implicate and explicate orders!?

Throughout the book, it is pointed out that numerous documented mysterious phenomena, like synchronicity and precognition, extrasensory perception and out-of-body and experiences, psychokinesis and teleportation, miraculous healings and mystical religious experiences - might be explained within (still controversial) quantum holographic paradigm.

The reading and presentation of this book have brought me great personal satisfaction, due to my own research into QHQG foundations of consciousness and holistic psychosomatics and their fundamental implications (Raković 2009, 2015, 2018a,b, 2019a,b) (with numerous empirical / rational affirmations, which I have associatively recognized while reading the book).

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consciousness (making transpersonal psychology the fourth force in psychology, alongside with psychoanalysis, behaviorism, and humanistic psychology, after one of its founders, A. Maslow).

<https://www.imconsortium.org>; official website of the *Consortium of Academic Medical Centers for Integrative Medicine*, founded by the end of 1990s, which includes over 70 highly esteemed US academic health centers and affiliate institutions, in order to transform medicine and healthcare through rigorous scientific studies, new models of clinical care, and innovative educational programs that integrate biomedicine, the complexity of human beings, the intrinsic nature of healing, and the rich diversity of therapeutic systems.

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